Hot Lunch Menu

December 2026

Franconian International School

Day	Date	International	Vegetarian	Dessert
Mon	30.11.	Hearty chili con carne (beef) M, served with a zesty lemon dip and aromatic long-grain rice	Hearty vegetarian chili (pea protein) J, served with a zesty lemon dip G.6, and aromatic long-grain rice	Fruit
Tue	01.12.	Traditional Franconian sausage K,7 (pork) with gently braised sauerkraut and fresh farmhouse bread D, D.1, D.2, D.3.	Vegetarian sausage D, D.1, A with gently braised sauerkraut and fresh farmhouse bread D, D.1, D.2, D.3.	Fruit
Wed	02.12.	"Käsespätzle" (Spätzle noddles in melted cheese) A, D, D.1, G topped with crispy fried onions D, D, 1, 3, served with a leafy salad and arugula I.1, I.3		Chocolate pudding (G)
Thu	03.12.	Italian spaghetti D, D.1 with a creamy Bolognese sauce I, J.16 (beef) and shaved Gran Moravia cheese A, G,2	Italian spaghetti D, D.1 with a creamy vegetable Bolognese sauce J and shaved Gran Moravia cheese A,G,2	Fruit
Fri	04.12.	Warming noodle soup D, D.1, J, A Fluffy steamed yeast dumpling A, D, D.1, G with sweet and creamy vanilla sauce G		Fruit

Mon	07.12.	Curry sausage 2,3,7, (pork) with a mildly spiced curry-ketchup sauce J, K, 1,8,9,11 and golden French fries 3	Vegetarian curry sausage 1, A with a mildly spiced curry-ketchup sauce J, K,1,8,9,11 and golden French fries 3	Fruit
Tue	08.12.	Professional Learning Day / Half Day		
Wed	09.12.	Tender breaded chicken breast "Cordon Bleu" (filled with ham and cheese) D, D.1, G, 2, 3 and a creamy potato salad I, K.1, 3	Crunchy plant-based chicken-style nuggets D, D.1, D.3, D.4, M and a creamy potato salad I, K,1,3	Fruit
Thu	10.12.	Semolina dumpling soup J, D, D.1, A Golden baked "Kaiserschmarrn" (cut-up and sugared pancake with raisins. Austrian style) A,D,D.1, G, H, H.1, I,3,7 served with juicy apple sauce 3		Fruit
Fri	11.12.	Golden, crispy battered fish C, D, D.1, K,3 with potato and cucumber salad I, K, 1,3 and a zesty lemon remoulade A, D, D.1, G, I, K.1,2,3,6,8	Crispy vegan fish-style fillet D, D.1 with potato and cucumber salad I, K,1,3 and a zesty lemon remoulade A, D, D.1, G, I, K,1,2,3,6,8	Fruit

Hot Lunch Menu

December 2026

Franconian International School

Mon	14.12.	Crunchy pan-fried potato hash browns (Rösti) 3 with a creamy mushroom ragout D, D.1, G, I, J, 3 and healthy endive salad		Fruit
Tue	15.12.	Hearty lentil stew J with a tasty vegetarian sausage A and a freshly baked pretzel knot D, D.1		Creamy strawberry quark (G)
Wed	16.12.	Soft Pearl barley risotto with savory minced meat (pork) D, D.3, G, I, topped with Gran Moravia cheese and fresh arugula A,G,2	Creamy mushroom risotto G, topped with Gran Moravia cheese and fresh arugula A,G,2	Fruit
Thu	17.12.	Juicy pan-fried meatballs (pork) A, D, D.1, K, with seasonal vegetables in a creamy sauce D, D.1, G, served with fluffy mashed potatoes	Savory vegetarian patty D, D.1 with seasonal vegetables in a creamy sauce D, D.1, G, served with fluffy mashed potatoes G	Fruit
Fri	18.12.	Last Day of School before Winter Break / Half Day		

A=Eggs B= Peanuts C=Fish D=Gluten D.1=Wheat D.2=Rye D.3=Barley D.4 Oats E=Shellfish F=Lupins G=Milk H=Nuts H.1=Almonds H.2=Hazelnuts H.3=Walnuts H.4=Cashews H.5=Pecans H.6=Brazil Nuts H.7=Pistachios H.8=Macadamia Nuts I=sulfur dioxide/sulfites J=Celery K=Mustard L=Sesame M=Soy N=Mollusks