

Hot Lunch Menu

November 2026



Day	Date	International	Vegetarian	Dessert
Mon	02. - 06.11.	Fall Break		
Mon	09.11.	Linguine D, D.1 with Kale Pesto A, G, 2 and Oven-roasted tomatoes		Fruit
Tue	10.11.	Potato and Ground Meat Casserole A, D, D.1, G Tomato Sauce and a mixed salad K	Vegetarian Lasagna D.1,G, served with tomato sauce and a colorful salad K	Fruit
Wed	11.11.	Pan-Fried Rösti with Mushroom Ragout D,D.1,G,I,J,3		Chocolate pudding (G)
Thu	12.11.	PTC (Parent Teacher Conference)		
Fri	13.11.	Pan-fried wild salmon C,D,D.1, served with a lemon butter sauce G,6, leek vegetables D,D.1,G, and rice with wild rice	Vegan fish D.1, served with a lemon butter sauce G,6, leek vegetables D,D.1,G, and rice with wild rice	Fruit
Mon	16.11.	Tyrolean Gröstel with Pork 2,3,7, Pork and Pickled Cucumber I,2,8	Potato Casserole A,G with Broccoli and Salad K	Fruit
Tue	17.11.	Meatball A, D.1, Pork/Beef Gravy, Kohlrabi, Carrots, Vegetables G, 3, Mashed Potatoes G	Vegetarian Meatballs D.1 Gravy, Kohlrabi, Carrots, Vegetables G,3 Mashed Potatoes G	Fruit
Wed	18.11.	PL Day/No classes		
Thu	19.11.	Carrot Rösti A,D,D.1,I,2,3 with herb quark G,K,6 served with lamb's lettuce and potato dressing I,1,3		Fruit
Fri	20.11.	Lentil stew J with Vienna sausage 2,3 (pork/beef) and rolls D.1	Lentil stew J with vegetarian Vienna sausages A,1 and rolls D.1	Fruit
Mon	23.11.	Spinach strudel with feta D, D.1, G; served with tomato sauce and a colorful salad K		Fruit
Tue	24.11.	Currywurst 2, 3, 7, 16 pork with curry ketchup sauce J, K, 1, 8, 9, 11, 16 and potato wedges	Vegetarian Currywurst A with a curry-ketchup sauce J, K, 1, 8, 9, 11, 16 and potato wedges	Fruit
Wed	25.11.	Potato and Broccoli Casserole D, D.1, 1, 3, 6 and a Tomato and Leek Salad		Vanilla pudding (G)
Thu	26.11.	Nasi Goreng A,D,D.1,M,2,8,10 with stir-fried ground pork	Asian Vegetables D,D.1,M with Rice	Fruit

Fri	27.11.	Squash and Potato Skillet Sour Cream Dip G,6		Fruit
Mon	30.11.	Chili con Carne M, beef served with Lemon Dip G, 6 and long-grain rice	Chili sin Carne (pea protein) J served with a lemon dip G,6 and long-grain rice	Fruit

A=Eggs B= Peanuts C=Fish D=Gluten D.1=Wheat D.2=Rye D.3=Barley D.4 Oats E=Shellfish F=Lupins G=Milk H=Nuts H.1=Almonds H.2=Hazelnuts H.3=Walnuts H.4=Cashews H.5=Pecans H.6=Brazil Nuts H.7=Pistachios H.8=Macadamia Nuts I=sulfur dioxide/sulfites J=Celery K=Mustard L=Sesame M=Soy N=Mollusks