

Hot Lunch Menu

April 2024



Day	Date	International	Vegetarian	Dessert
25.03.-05.04.		Easter Break		
Mon	08.04.	Whole grain noodles in tomato-basil sauce, cheese to sprinkle and salad on the side (1,6,7,10)		fruit
Tue	09.04.	Oriental rice stir-fry with minced meat and yoghurt dip (6,7)	Oriental vegetable-rice stir-fry with yoghurt dip (6,7)	fruit
Wed	10.04.	Vegetable stew with crusty French bread (1,7)		semolina pudding with cinnamon/sugar (1,6)
Thu	11.04.	Baked Alaskan pollack with potatoes and mustard sauce, salad on the side (1,10)	Cauliflower fritter with potatoes and mustard sauce, salad on the side (1,6,10)	fruit
Fri	12.04.	Gratinated tortelloni with tomato-cucumber salad (1,6,9)		fruit
Mon	15.04.	Sausage goulash with whole grain noodles and cucumber salad on the side (1,6,7)	Vegetarian goulash (from pea protein) with whole grain noodles and cucumber salad (1,6,7)	fruit
Tue	16.04.	Noodle soup, hash browns and apple sauce (1,7,9)		fruit
Wed	17.04.	Chicken curry-leek soup with chia roll (1,4,6,7)	Vegetarian curry-leek soup with chia roll (1,4,6,7)	chocolate pudding (6)
Thu	18.04.	Gnocchi in rucola-basil pesto, parmesan to sprinkle and mixed salad on the side (6,9,10)		fruit
Fri	19.04.	Mixed rice stir-fry in mushroom-leek sauce and cheese, bacon and carrot salad on the side (6,7)	Mixed rice stir-fry in mushroom-leek sauce and cheese, carrot salad on the side (6,7)	fruit
Mon	22.04.	Beef strips with Spätzle and green beans (1,7,9)	Veggi strips (from pea protein) with Spätzle and green beans (1,7,9)	fruit
Tue	23.04.	Clear soup with semolina dumplings, nut-nougat dumplings with vanilla sauce (1,6,7,8,9,15)		fruit
Wed	24.04.	Fish fingers with mashed potatoes and carrots (1,6,7)	Vegan vish with mashed potatoes and carrots (1,6,7,8)	fruit

Thu	25.04.	Farmer's rösti with herbed quark and crusty bacon, carrots and zucchini (6,7)	Farmer's rösti with herbed quark, carrots and zucchini (6,7)	fruit
Fri	26.04.	Vegetarian lasagna, mixed salad on the side (6,7,9,10)		fruit
Mon	29.04.	Vegetarian makkaroni casserole, green beans on the side (1,6,7,9)		strawberry yoghurt (6)
Tue	30.04.	Turkey gyros with tomato rice, coleslaw and tsatsiki (6,7)	Veggi-gyros (from pea protein) with tomato rice, coleslaw and tsatsiki (6,7)	fruit

Legend: 1=Weizen 2= Dinkel 3=Roggen 4=Gerste 5=Hafer 6=Milch 7=Sellerie 8=Soja 9=Eier 10=Senf 11=Erdnüsse 12=Sesam 13=Lupine 14=