

# Hot Lunch Menu

March 2024



Day	Date	International	Vegetarian	Dessert
Fri	01.03.	Whole grain noodles in ham-paprika sauce, green beans on the side (1,6,7)	Whole grain noodles in paprika sauce, green beans on the side (1,6,7)	fruit
Mon	04.03.	Rice stir-fry with fish nuggets and broccoli (7,10)	Boulgour-curry stir-fry with yogurt dip and broccoli (1,10)	fruit
Tue	05.03.	Mezzalune in orange-sage-butter sauce with parmesan, mixed salad on the side (1,6,7,10)		chocolate pudding (6)
Wed	06.03.	Curry sausage in tomato-curry sauce with amazing fries (7,10)	Vegetarian curry sausage in tomato-curry sauce with amazing fries (7,9,10)	fruit
Thu	07.03.	Broth with semolina dumplings and fried batter pearls, quark dumplings with vanilla sauce (1,6,7,9)		fruit
Fri	08.03.	Nasi Goreng with chicken and sugar snaps (7,10)	Mee noodle stir-fry with soy sauce and sugar snaps (1,6,7,9)	fruit
Mon	11.03.	Baked Alaskan pollack with roasted potatoes and salad on the side (1,10)	Stuffed potato dumplings on mixed salad with herbed dip (6,10)	fruit
Tue	12.03.	Sweet and sour chicken with mixed rice and broccoli (7,10)	Asian vegetable with mixed rice and broccoli (8)	fruit
Wed	13.03.	Mixed vegetable-potato stew with laugen roll (1,6,7)		blueberry quark (6)
Thu	14.03.	Parent Teacher Conferences - no classes		
Fri	15.03.	Tagliatelle in green pea-cream sauce, tomato salad on the side (1,6,7)		fruit
Mon	18.03.	Meat balls in gravy, mashed potatoes and carrots (6,7,9,10)	Vegetarian fritter in gravy with mashed potatoes and carrots (1,6,7,8,10)	fruit
Tue	19.03.	Noodle soup, Kaiserschmarrn with apple sauce (1,7,9)		fruit
Wed	20.03.	Professional Learning Day - Half Day - no lunch		

Thu	21.03.	Sweet chili beef filet strips with bell pepper julienne and rice (7)	Sweet chili vegetarian strips with bell pepper julienne and rice (7)	fruit
Fri	22.03.	Gnocchi-spinach casserole, mixed salad on the side (6,7,9,10)		fruit
25.03.-05.04.24		Easter Break		

**Legend:** 1=Weizen 2= Dinkel 3=Roggen 4=Gerste 5=Hafer 6=Milch 7=Sellerie 8=Soja 9=Eier 10=Senf 11=Erdnüsse 12=Sesam 13=Lupine 14=