December 2022



Day	Date	International	Vegetarian	Dessert
Thu	01.12.	Creamed broccoli soup with croutons, Kaiserschmarrn with apple sauce (1,6,7)		fruit
Fri	02.12.	Fried Alaskan pollack with boulgour salad and dip (1,6,10)	Vegan fried fish with boulgour salad and dip (1,6,10)	fruit
Mon	05.12.	Bratwurst coil with sauerkraut and farmer bread, ketchup and mustard (1,7,10)	Vegetarian bratwurst with sauerkraut and farmer bread, ketchup and mustard (1,7,9,10)	fruit
Tue	06.12.	Cheese Spätzle with fried onions, cheese to sprinkle and cucumber salad (1,6,7,9)		chocolate pudding (6)
Wed	07.12.	Mixed winter stew with Wiener sausage and crusty whole grain roll (1,3,7,10)	Mixed winter stew with crusty whole grain roll (1,7)	fruit
Thu	08.12.	Fusilli with fruity tomato sauce, cheese to sprinkle and green beans on the side (1,6,7)		fruit
Fri	09.12.	Chicken strips with mixed rice and broccoli (6,7)	Veggie strips with mixed rice and broccoli (3,7,8)	fruit
Mon	12.12.	Schupfnudel stir-fry with minced meat and cabbage, carrot salad on the side (1,6,7)	Schupfnudel stir-fry with veggie meat and cabbage, carrot salad on the side (1,4,6,7,8)	fruit
Tue	13.12.	Rösti with winter vegetable, herbal dip and salad on the side, bacon to sprinkle (6,10)	Rösti with winter vegetable, herbal dip and salad on the side (6,10)	fruit
Wed	14.12.	Tagliatelle in creamy salmon sauce and broccoli (1,6,7,9)	Tagliatelle in creamy vegetable sauce, broccoli (1,6,7,9)	fruit
Thu	15.12.	Roasted semolina soup with fried batter pearls, quark dumplings with powdered sugar and vanilla sauce (1,6,7,9)		fruit
Fri	16.12.	Vegetable curry with coconut and mongo, mixed rice and salad on the side (6,7)		fruit

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Mon	19.12.	Vegetable stew with pearl barley, beef sausage and crusty whole wheat roll (1,6,7)	Vegetable stew with pearl barley, vegan sausage and crusty whole wheat roll (1,6,7)	fruit
Tue	20.12.	Christmassy beef goulash with bread dumplings and red cabbage (1,6,7,9)	Christmassy veggi goulash with bread dumplings and red cabbage (15,,6,7)	fruit
Wed	21.12.	Vegetarian lasagna with mixed salad (1,6,7,10)		Santa Claus chocolates and fruit
Thu	22.12.	Last day before winter b		
Fri	23.12.	23.12.2022 - 08.01		

Menu may be subject to change

Legend:

1 = wheat 2 = spelt 3 = rye 4 = barley 5 = oat 6 = milk 7 = celery 8 = soya 9 = egg 10 = mustard 11 = peanuts 12 = sesame 13 = lupine 14 = green spelt 15 = nuts