

Day	Date	International	Vegetarian	Dessert	
Mo	03.10.	Public Holiday - Tag der Deutschen Einheit			
Tue	04.10.	Tagliatelle in creamy salmon sauce, bean salad on the side (1,6,7)	Tagliatelle in creamy pumpkin sauce, bean salad on the side (1,6,7)	chocolate pudding (6)	
Wed	05.10.	Mixed rice with broccoli and sweet potatoes, salad on the side (6,7)		fruit	
Thu	06.10.	Curry sausage in curry-tomato sauce, wedges (1,7,10)	Vegetarian curry sausage in curry-tomato sauce, wedges (1,7,9,10)	fruit	
Fri	07.10.	Creamed pumpkin with croutons, Kaiserschmarrn with apple sauce (1,6,7)		fruit	
Mon	10.10.	Italian stew with tomatoes and zucchini, ciabatta bread (1,7)		fruit	
Tue	11.10.	Grilled chicken on oven potatoes with mixed salad and ketchup (7,10)	Grilled vegetable on oven potatoes with mixed salad and herbed quark (6,10)	fruit	
Wed	12.10.	Whole grain noodles with broccoli, tomatoes and creamy parmesan sauce (1,6,7)		chocolate pudding (6)	
Thu	13.10.	Cheeseburger casserole, mixed salad on the side (1,6,7,12)	Vegetarian cheeseburger casserole, mixed salad on the side (1,6,7,8)	fruit	
Fri	14.10.	Asian mee noodle stir-fry with soy sauce and sugar snaps		fruit	
Mon	17.10.	Creamy potato soup with Wiener sausage and Laugen stick (1,6,7,10)	Creamy potato soup with vegetarian Wiener sausage and Laugen stick (1,6,7,9)	Semolina pudding with cinamon and sugar (1,6)	
Tue	18.10.	PLD Day / half day - no lunch			
Wed	19.10.	Beef goulash with Spätzle and cucumber salad (1,6,7,9)	Vegetarian goulash with Spätzle and cucumber salad (1,6,7,8,9)	fruit	
Thu	20.10.	Rice with chick-peas and spinach, green salad on the side (6,7)		fruit	
Fri	21.10.	Baked Alaskan pollack on a potato-vegetable bed, dip (1,6)	Fried breaded cheese on a potato-vegetable bed, dip (1,6)	fruit	

Mon	24.10.	Vegetable curry with coconut, mixed rice and salad on the side (6,7,10)		Vanilla quark with raspberry sauce
Tue	25.10.	Meat balls with potato chips, salsa dip and farmer salad (1,7,9)	Vegetable fritter with potato chips, salsa dip and farmer salad (1,7,9)	fruit
Wed	26.10.	Creamed tomato soup with croutons, blueberry pancakes with vanilla sauce (1,6,7,9)		fruit
Thu	27.10.	Fish Bordelaise in butter sauce, mixed rice and salad on the side (1,6,7)	Stuffed bell pepper in butter sauce, mixed rice and salad on the side (1,6,7)	fruit
Fri	28.10.	Colourful noodles in tomato-mozzarella-sauce, cheese to sprinkle and beans (1,6)		fruit

Menu may be subject to change

Legend:

1 = wheat 2 = spelt 3 = rye 4 = barley 5 = oat 6 = milk 7 = celery 8 = soya 9 = egg 10 = mustard 11 = peanuts 12 = sesame 13 = lupine 14 = green spelt 15 = nuts