

# GISST Training Schedule 2021-22

## Spring Season (April - June 2022)

Facility	Monday	Tuesday	Wednesday	Thursday	Friday
Gym 1.1	<b>U14 Volleyball</b> 25 April - 27 June 4:00 - 5:30 pm Coaches - Sirpa Hope, Bonnie Hope	<b>Varsity Girls Volleyball</b> 26 April - 28 June 4:00 - 5:30 pm Coaches - Adrian Haug, Ciara Donnelly	<b>ASA G 3-4 Basketball</b>	<b>Varsity Boys Volleyball</b> 28 April - 30 June 4:00 - 5:30 pm Coach - Sirpa Hope	<b>ASA G 3-4 Badminton</b>
Gym 1.2					regular PHE class
Gym 2.1	<b>U14 &amp; Varsity Badminton</b> 25 April - 27 June 4:00 - 5:30 pm Coaches - Daniel Paulini, Elias Ruf	<b>Varsity Boys Basketball</b> 26 April - 28 June 4:00 - 5:30 pm Coach - Frank Wölfel	<b>U14 Boys &amp; Girls Basketball</b> 27 April - 29 June 4:00 - 5:30 pm Coaches - Kristijan Vidovic, Teresa Strauss	<b>Varsity Girls Basketball</b> 28 April - 30 June 4:00 - 5:30 pm Coach - Christopher Keninger	regular PHE class
Gym 2.2					
Gym 2.3					
Swimming pool (Uni)	<b>U14 (G7-8) &amp; Varsity Swimming</b> 25 April - 27 June 4:00 - 5:00 pm Coaches - Alessia Prest, Asger Sondberg, Robin Postuma				<b>G 2-5 Swimming</b> 29 April - 1 July 2:30 - 3:15 pm <b>U14 (G5-6) Swimming</b> 29 April - 1 July 3:15 - 4:00 pm Coaches - Alessia Prest, Asger Sondberg, Robin Postuma
Uni track		<b>U14 &amp; Varsity Track and Field</b> 26 April - 28 June 4:00 - 5:30 pm Coach - Carole Williamson, Timothy Dubbe		<b>U14 &amp; Varsity Track and Field</b> 28 April - 30 June 4:00 - 5:30 pm Coach - Carole Williamson, Timothy Dubbe, Ciara Donnelly	
FIS Field	<b>U14 Boys Football</b> 25 April - 27 June 4:00 - 5:30 pm Coaches - Derek Hyde		<b>U14 Girls Football</b> 27 April - 29 June 4:00 - 5:30 pm Coach - Julie Ann Chiodo	<b>ASA G 1-2 / 3-4 Football</b>	
FIS / Forest	<b>G 2-5 Cross Country</b> 25 April - 27 June 3:45 - 4:45 pm Coaches - Ciara Donnelly, Carole Williamson, Thomas Phillipson		<b>G 4-5 Cross Country</b> 27 April - 29 June 3:45 - 4:45 pm Coach - Ciara Donnelly		