

Hot Lunch Menu

May 2022



Day	Date	International	Vegetarian	Dessert	
Mon	02.05.	Mezzalune in butter sauce, parmesan to sprinkle and salad on the side (1,6,7,10)		fruit	
Tue	03.05.	Pork and turkey strips with rice and green beans (6,7)	Veggie strips with rice and green beans (6,7,8)	fruit	
Wed	04.05.	Creamed mushroom soup with croutons, blueberry pancakes with vanilla sauce (1,6,7,9)		fruit	
Thu	05.05.	Bratwurst coil with Sauerkraut and farmer bread, mustard or ketchup (1,6,7,10)	Vegetarian Bratwurst with Sauerkraut and farmer bread, mustard or ketchup (1,6,7,9,10)	fruit	
Fri	06.05.	Whole grain noodles in vegetable-curry sauce, chick peas and salad on the side (1,6,7)		fruit	
Mon	09.05.	Sweet and sour chicken with mixed rice and broccoli	Sweet and sour Asian vegetable with mixed rice and broccoli	fruit	
Tue	10.05.	PLD-Day - half day - no lunch			
Wed	11.05.	Potato stew with Wiener sausage and crusty whole grain roll (1,6,7)	Potato stew with veggie-Wiener sausage and crusty whole grain roll (1,6,7,9)	chocolate pudding (6)	
Thu	12.05.	Tagliatelle in creamy butter sauce with pollack, salad on the side (1,6,7,9)	Tagliatelle in creamy butter sauce with vegetable, salad on the side (1,6,7,9)	fruit	
Fri	13.05.	Potato stir-fry with bell peppers and mushroom, tsatsiki and tomato salad (6)		fruit	
Mon	16.05.	Meatloaf with gravy, pan-fried potatoes (7)	Vegan loaf with gravy, pan-fried potatoes (7)	fruit	
Tue	17.05.	Vegetarian Thai bolognese with rice, salad on the side (1,8)		strawberry quark (6)	
Wed	18.05.	Beef goulash with Spätzle and cucumber salad (1,6,7,9)	Soy goulash with Spätzle and cucumber salad (1,6,7,8)	fruit	
Thu	19.05.	Farmer rösti with grilled vegetable, herbed quark and salad on the side (6)		fruit	
Fri	20.05.	Alaskan pollack in mustard sauce and mixed rice, salad on the side (1,6,7)	Vegan fish fingers in mustard sauce and mixed rice, salad on the side (1,5,6,7,8)	fruit	

Mon	23.05.	Curry sausage in tomato-curry-sauce and potato chips (7,10)	Vegetarian curry sausage in tomato-curry-sauce and potato chips (9,10)	fruit	
Tue	24.05.	Gnocchi in Carbonara sauce, mixed salad on the side (6,7,9,10)	Gnocchi in cheese sauce, mixed salad on the side (6,7,9,10)	fruit	
Wed	25.05.	Vegetable stew with chicken and mee noodles, laugen stick (1,6,7)	Vegetable stew with semolina-vegetable dumplings and mee noodles, laugen stick (1,6,7,9)	fruit	
Thu	26.05.	Ascension Day/Public holiday			
Fri	27.05.	School Holiday			

Mon	30.05.	Fancy noodles in tomato-feta sauce with green beans and bacon (1,6,7)	Fancy noodles in tomato-feta sauce with green beans (1,6,7)	fruit	
Tue	31.05.	Noodle soup, Kaiserschmarrn with apple sauce (1,6,7,9)			fruit

Menu may be subject to change

Legend:

1 = wheat 2 = spelt 3 = rye 4 = barley 5 = oat 6 = milk 7 = celery 8 = soya 9 = egg 10 = mustard 11 = peanuts 12 = sesame 13 = lupine 14 = green spelt 15 = nuts