

Day	Date	International	Vegetarian	Dessert
Wed	01.02.	Vegetable curry with mango, coconut milk, couscous and salad on the side (1,6,7)		chocolate pudding (6)
Thu	02.02.	Glas noodle stir-fry with feta cheese and broccoli (1,6)		fruit
Fri	03.02.	Fish fingers with mashed potatoes and carrots (1,6,7)	Vegetarian nuggets with mashed potatoes and carrots (5,6,7,8)	fruit
Mon	06.12.	Whole grain noodles in vegetable sauce, mixed salad on the side (1,6,7,10)		blueberry quark (6)
Tue	07.12.	Meat loaf in gravy with roast potatoes (6,7)	Vegetable fritter in vegetarian gravy with roast potatoes (1,6,7,)	fruit
Wed	08.12.	Creamed pumpkin soup with croutons, cherry clafoutis and vanilla sauce (1,6,7)		fruit
Thu	09.12.	Chicken stew with peas and carrots, mixed rice and salad on the side (6,7)	Tofu stew with peas and carrots, mixed rice and salad on the side (6,7)	fruit
Fri	10.12.	Oven vegetable with boulgour and salad on the side (1,7)		fruit
Mon	13.12.	Pizza 'Speziale' with mixed salad (1,6,10)	Pizza 'Caprese' with mixed salad (1,6,10)	fruit
Tue	14.12.	Winter vegetable stew with lentils and crusty French bread (1,6,7)		vanilla pudding (6)
Wed	15.12.	Party meat balls in tomato sauce, rice and green beans (1,6,7,9)	Falafel in tomato sauce, rice and green beans (6,7,10)	fruit
Thu	16.12.	Colourful noodle casserole and mixed salad (1,6,7)		fruit
Fri	17.12.	Fish bordelaise in butter sauce, potatoes and endive salad on the side (1,6,7)	Stuffed bell pepper in butter sauce, potatoes and endive salad (1,6,7)	fruit
Mon	20.12.	Spaghetti in fruity tomato sauce, parmesan to sprinkle and salad on the side (1,6,7)		fruit

Tue	21.12.	Christmassy beef strips with Spätzle and red cabbage (1,6,7,9)	Christmassy pulled veggie with Spätzle and red cabbage (1,5,6,7)	fruit	
Wed	22.12.	Last Day before Winter Break / half day, no lunch			
23.12.2021 - 07.01.2022 Winter Break					

Menu may be subject to change

**Legend:**

1 = wheat 2 = spelt 3 = rye 4 = barley 5 = oat 6 = milk 7 = celery 8 = soya 9 = egg 10 = mustard 11 = peanuts 12 = sesame 13 = lupine 14 = green spelt 15 = nuts