

Day	Date	International	Vegetarian	Dessert
02.11.-06.11.2020		Fall Break		
Mon	09.11.	Colourful potato-savoy stew with pork chop and crusty French bread (1,7)	Colourful potato-savoy stew with crusty French bread (1,7)	Chocolate pudding (6)
Tue	10.11.	Boulgour-curry stir-fry with yoghurt sauce and salad on the side (1,6,7)		fruit
Wed	11.11.	Whole grain noodles with tomato-tuna sauce and mixed salad on the side (1,6,7,10)	Whole grain noodles with tomato sauce and mixed salad on the side (1,6,7,10)	fruit
Thu	12.11.	Broccoli-cream soup with croutons, blueberry pancakes with vanilla sauce (1,6,7,9)		fruit
Fri	13.11.	Beef burger with twister fries, ketchup (1,10)	Veggie burger with twister fries, ketchup (1,9)	fruit
Mon	16.11.	Vegetable in coconut-curry with mixed rice and salad on the side (6,7)		blueberry quark (6)
Tue	17.11.	Battered hoki filet in mustard sauce with mixed rice and salad on the side (1,6,7,10)	Stuffed zucchini in mustard sauce, mixed rice and salad on the side (6,7,10)	fruit
Wed	18.11.	Half Day/No Lunch		
Thu	19.11.	Schupfnudeln (finger-shaped potato dumplings) with beef and savoy sauce and tomato salad (1,6,7,9)	Schupfnudeln (finger-shaped potato dumplings) with savoy sauce and tomato salad (1,6,7,9)	fruit
Fri	20.11.	Wickelkloß (East German style dumpling) with vegetarian gravy and red cabbage (1,6,7)		fruit
Mon	23.11.	Whole grain noodles in Mexican sauce with chicken and salad on the side (1,7,10)	Whole grain noodles in Mexican sauce and salad on the side (1,7,10)	fruit
Tue	24.11.	Noodle soup, cherry clafoutis with vanilla sauce (1,4,6,7,8)		fruit
Wed	25.11.	Meat balls with fried potatoes, green beans and ketchup (1,6,7,9)	Vegetable omelette with fried potatoes and green beans (1,6,9)	fruit

Thu	26.11.	Pumpkin-zucchini stir-fry with feta cheese, boulgour and salad on the side (1,6,7,10)		rice pudding with sugar and cinnamon (6)
Fri	27.11.	Goulash soup with potatoes, whole grain roll (1,7)	Pea stew with potatoes, whole grain roll (1,7)	fruit
Mon	30.11.	Porc surloin in gorgonzola cheese sauce with croquettes and cucumber salad (1,6,7)	Soy strips with croquettes and cucumber salad (1,6,7,8)	fruit

Menu may be subject to change

Legend:

1 = wheat 2 = spelt 3 = rye 4 = barley 5 = oat 6 = milk 7 = celery 8 = soya 9 = egg 10 = mustard 11 = peanuts 12 = sesame 13 = lupine 14 = green spelt 15 = nuts