

Hot Lunch Menu

May 2019



Day	Date	International	Vegetarian	Dessert	
Wed	01.05.	Public Holiday - Tag der Arbeit/May Day			
Thu	02.05.	Gratinated potatoes with minced beef, salad on the side (6,7,8)	Vegetarian bread casserole with herbed quark and salad on the side (1,6,7,9)	fruit	
Fri	03.05.	Mixed rice with broccoli curry, roasted sunflower and pumpkin seeds, tomato salad on the side (6,7)		fruit	
Mon	06.05.	Curry sausage in tomato-curry sauce and wedges (1,7)	Vegan curry sausage (wheat) in tomato sauce, wedges (1,7)	fruit	
Tue	07.05.	Mee noodle stir-fry with feta cheese and mixed salad (1,9)		fruit	
Wed	08.05.	Beef roll with Spätzle and red cabbage (1,9,10)	Cabbage roll with spätzle (1,8,9)	fruit	
Thu	09.05.	Vegetarian minestrone with ciabatta bread (1,7)		chocolate pudding (6)	
Fri	10.05.	Alaskan pollack in mustard sauce, rice and green salad (1,6,7)	Stuffed bell pepper in mustard sauce, rice and green salad (6,7)	fruit	
Mon	13.05.	Whole grain noodles in rucola pesto, parmensan cheese and mixed salad (1,6)		stracciatella quark (6)	
Tue	14.05.	Honey-marinated pork roast, Sauerkraut and potatoes (10)	Smoked tofu, Sauerkraut and potatoes (8, 10)	fruit	
Wed	15.05.	Broccoli cream soup with croutons, Kaiserschmarrn with apple sauce (1,6,9)		fruit	
Thu	16.05.	Hamburger "do it yourself" with twister fries (1,10)	Veggie burger "do it yourself" with twister fries (1,7)	fruit	
Fri	17.05.	Grilled vegetables with bulgur and tsatsiki (6)		fruit	

Mon	20.05.	Mixed rice with vegetarian Balkan sauce, green beans		fruit
Tue	21.05.	Grilled chicken with potato salad and mixed salad, ketchup on the side (7)	Stuffed zucchini with potato salad, mixed salad and dip (6,9)	fruit
Wed	22.05.	Mixed vegetable stew with noodles and crusty French bread (1,7)		chocolate pudding (6)
Thu	23.05.	Meat ball in gravy with mashed potatoes, carrots and peas (1,6,7,9)	Vegetable fritter in gravy with mashed potatoes, carrots and peas (1,6,7,9)	fruit
Fri	24.05.	Schupfnudeln with Sauerkraut, salad on the side (1,6,9)		fruit
Mon	27.05.	Couscous stir-fry with zucchini and carrots, tomato salad on the side (7)		fruit
Tue	28.05.	Spiral noodles with beef bolognese, parmesan cheese to sprinkle and salad on the side (1,6,7)	Spiral noodles with soy bolognese, parmesan cheese to sprinkle and salad on the side (16,7,8)	fruit
Wed	29.05.	Seasonal vegetable stew with bread stick topped with kernels (1,3,4,7,8)		fruit
Thu	30.05.	Public Holiday - Christi Himmelfahrt/Ascension Day		
Fri	31.05.	School Holiday		

Menu may be subject to change

Legend:

1 = wheat 2 = spelt 3 = rye 4 = barley 5 = oat 6 = milk 7 = celery 8 = soya 9 = egg 10 = mustard 11 = peanuts 12 = sesame 13 = lupine 14 = green spelt 15 = nuts