

Hot Lunch Menu

May 2018



Day	Date	International	Vegetarian	Dessert
01.05.		Public Holiday / Labor Day		
Wed	02.05.	Wild salmon in a delicate cream sauce, noodles and salad (1,6,7) Hot lunch Puzzle: Grade 7A favorite	Noodles in a delicate cream sauce with carrots and peas, salad on the side (1,6,7)	fruit
Thu	03.05.	Vegetarian Minestrone, crusty whole grain roll (1,7)		Straciatella quark (6)
Fri	04.05.	Vegetarian potato stir-fry with dip and salad on the side (6)		fruit
Mon	07.05.	Strips of poultry with croquettes and cucumber salad (1,6,7)	Vegetable julienne with croquettes and cucumber salad (1,6,7)	fruit
Tue	08.05.	Asian mee noodle stir-fry with soy sauce and salad on the side (1,6,7,9)		fruit
Wed	09.05.	Beef stir-fry with vegetable and mixed rice, tzatziki (6,7)	Vegetable stir-fry with feta cheese, mixed rice and tzatziki (6,7)	fruit
10.05.		Public Holiday /Ascension Day		
11.05.		School Holiday		
Mon	14.05.	Whole grain noodles in tomato-mozzarella sauce, cheese to sprinkle and salad on the side (1,6,7)		fruit
Tue	15.05.	Potato-broccoli gratin with ham and parmesan, tomato salad (6)	Potato-broccoli gratin with parmesan, tomato salad (6)	chocolate pudding (6)
Wed	16.05.	Noodle soup, Kaiserschmarrn with apple sauce (1,7)		fruit
Thu	17.05.	Meat balls in gravy, mashed potatoes and carrots (6,7)	Vegetable fritters in gravy, mashed potatoes and carrots (6,7)	fruit
Fri	18.05.	Rice vermicelli stir-fry with vegetable, yoghurt sauce and salad on the side (1,6,9)		fruit

21.05.		Public Holiday / Pentecost		
Tue	22.05.	Potato-vegetable stew with crusty whole grain roll (2,7)		blueberry quark
Wed	23.05.	Sweet and sour chicken with broccoli and French bread (1,7,10) Hot Lunch Puzzle: Grade 4P favorite	Wheat curry sausage with broccoli and French bread	fruit
Thu	24.05.	Cheese Spätzle with onion rings, cheese to sprinkle and cucumber salad (1,6,9)		fruit
Fri	25.05.	Pollack "Bordelaise" in butter sauce with potatoes and salad on the side (1,7,9)	Falafel in butter sauce with potatoes and salad on the side (7,10)	fruit
Mon	28.05.	Gnocchi with arugula-basil pesto, parmesan to sprinkle and tomato salad (1,6,9)		fruit
Tue	29.05.	Turkey goulash with rice and cucumber salad (6,7)	Tofu goulash with rice and cucumber salad (6,7,8)	fruit
Wed	30.05.	Sausage stew with pretzel roll (1,6,7)	Vegetable stew with pretzel roll (1,6,7)	fruit
31.05.		Public Holiday / Corpus Christi		

Menu may be subject to change

Legend:

1 = wheat 2 = spelt 3 = rye 4 = barley 5 = oat 6 = milk 7 = celery 8 = soya 9 = egg 10 = mustard 11 = peanuts 12 = sesame 13 = lupine 14 = green spelt 15 = nuts