

GISST training schedule 2017/2018

Spring season

	Monday	Tuesday	Wednesday	Thursday	Friday
Sports Hall 1	U14 Girls Volleyball March 12 – May 16 16:00 – 17:30 Coach Sirpa	Varsity Girls Pre-Season Volleyball April 10 – July 3 16:00 – 17:30 Coach Mr. H	U14 Girls Volleyball March 12 – May 16 16:00 – 17:30 Coach Sirpa	U14 Pre-Season Badminton April 12 – July 5 16:00 – 17:30 Coach Daniel	
Sports Hall 2	U14 Boys Volleyball March 12 – May 16 16:30 – 18:00 Coach Eric	Varsity Boys Pre-Season Volleyball April 10 – July 3 16:00 – 17:30 Coach Sirpa	U14 Boys Volleyball March 12 – May 16 16:30 – 18:00 Coach Eric	Varsity Pre-Season Badminton April 12 – July 5 16:00 – 17:30 Coach Elias	
School Field 1		Pre-Season Varsity Boys Football April 17 – June 26 16:00 – 17:30 Coach Mr. Ben Hartwright		Pre-Season U14 Boys Football April 19 – June 28 16:00 – 17:30 Coach Mr. Hyde	
School Field 2			Pre-Season U14 and Varsity Girls Football April 26 – June 28 16:00 – 17:30 Coach Ms. Chiodo and Ms. Francis		
School track / forest	G2 to 5 Cross Country April 16 – June 25 16:00 – 17:00 Coach Thomas				
University track		U14 and Varsity Track and Field March 13 – June 7 16:00 – 17:30 Coaches Carole, Emmanuel and Adrian T.		U14 and Varsity Track and Field March 13 – June 7 16:00 – 17:30 Coaches Carole, Emmanuel and Adrian T.	
Pool	U14 and Varsity Swimming April 23 – June 25 16:00 – 17:00 Coaches Ms. Prest and Markus				G2 to 5 Swimming April 27 – June 29 14:30 – 16:00 Coaches Markus, Lena and Taylor